

Buzz

Funds awarded as garden group gets growing

MEMBERS of the Mindset Garden Group were delighted to receive further funding from Nottinghamshire County Council's Divisional Funds earlier this week.

County Councillor Jackie Williams made a presentation of £200 to representatives of the Group at the Middle Street Day Centre, where the group is based. The money will be put towards the purchase of a petrol lawn mower and a sturdier strimmer to deal with the areas of rough terrain in the garden area behind the Centre.

Sue Selesniowski, the Garden Group's Secretary, said: "This extra funding will be more than welcome. The outside area has been neglected recently and become overgrown whilst the future of the centre has been in jeopardy due to local government cuts, but Middle Street Day Centre is not going to close and we need to take care of the garden.

Sue is assisted in her role by Coordinator Will Williams, who arranged for a City & Guilds horticultural course to take place at the centre.

Further support comes from Dr Sue Crosby, who is a staunch advocate of the therapeutic benefits of gardening. With a PhD in 'Assessment' from Coventry University, Dr Crosby said: "I'm a great believer in the 'recovery' approach if someone has become mentally unwell for whatever reason.

"Gardening can vastly increase someone's sense of self-worth – I've seen it for myself so many times – and their socialisation skills are improved as a result of working together as part of a team. In addition, our Mindset gardening group offers the means to gain a City & Guilds qualification, a practical course in Horticulture, at Level 1."

Sue Selesniowski continued: "Everyone benefits. For example, there

are apple, pear and plum trees at the centre, planted by the group shortly after it was set up in April 2012. As part of their studies, the group has now learnt about graft stock, how to prune the apple trees, and how to recognise that the plum had become diseased and needed to be removed – so this morning, they've pruned the apple trees, removed the ailing plum tree and learnt why it's not time to deal with the pear tree, which has been infected with pear leaf blister mite, just yet.

"The Garden Group provides an opportunity to be outside in the fresh air and to achieve something. Volunteers at the Centre benefit from having extra pairs of hands to help out in the garden and the members of the Group are working towards a valid City & Guilds Level 1 qualification," Sue ended.

In presenting the cheque, Cllr Jackie Williams said: "The Mindset Garden Group here at Middle Street is one

of the charities I've chosen to support and when I heard they needed additional funds to replace equipment, I was happy to help. As a keen gardener myself, I am also a great believer in the therapeutic benefits of time spent in a garden, achieving something and seeing results, whether it be fruiting trees or a splendid display of flowers, that you've helped produce."

Snippets

Macmillan Coffee Morning at Grove Court, Chilwell

RESIDENTS and their friends and families enjoyed a happy and bustling morning in the community lounge of this sheltered housing complex at Grove Court, Chilwell, as they took part in the World's Biggest Coffee Morning recently, raising funds for Macmillan Cancer Support.

A fast trade was done in the sale of cakes and pastries as well as raffle tickets. Everyone enjoyed the tea and coffee, and the total for all the activity raised £500 for Macmillan Cancer Support.

Organiser Joyce Harris said afterwards: "Thanks to everyone who helped in any way and not least, to all who attended.

Chilwell Road Methodist Church Coffee Morning

THE September coffee morning at Chilwell Road Methodist Church, Beeston raised £148 for WaterAid.

The next coffee morning at the Chilwell Road church will be held on Saturday, October 26, between 10am and 12 noon and is the annual Christmas Card and Gift Sale, with more than 12 charities represented.

Support in the community

MINDSET Garden Group, based at the Day Centre on Middle Street, Beeston, would like to offer Mr Eddie Kapasi at the Hicklings DIY Centre on Wollaton Road their warmest thanks for his recent warm welcome and generosity to the group.

Mr Kapasi provided the group with a generous 10 percent discount when they recently purchased garden equipment from his establishment.

A spokeswoman for the group said: "We feel it is important to use our local shops who are, in the present climate, struggling to stay open. We feel deeply grateful to Mr Kapasi for his support to our registered charity."

The Garden Group were in a position to buy the much-needed horticultural equipment and gardening sundries following an award from county councillors Stan Heptinstall and Kate Foale from the County Council's 'Community Chest' fund to the group. Cllr Foale was also thanked for her kind gift of rosemary, which was to be planted in an appropriate place within the Day Centre's grounds.

'Time for a Town Clock' campaign

THERE is just a chance that time might be found to get out in Beeston Square and on the High Road to collect signatures on that proposed petition for a decent Town Clock for Beeston Square this Saturday. People have offered a lot of verbal support, with promises of access to potential sources for the capital we'll need, so fingers crossed. If you do see someone waving a clipboard under your nose, at least you'll know what it's about.

There's a supplementary short question seeking opinions from Beeston's remarkably stoic council tax-payers as to what should happen to 'The Stump' that currently stands outside Bird's cake shop in The Square should we get our wish for a decent piece of urban design in the form of a clock with hands. What we would like to see is something that forms a focal point in the centre of Beeston – but for the right reason.

40th Anniversary for Civic Society

BEESTON and District Civic Society were getting ready to celebrate their 40th anniversary of looking after Broxtowe's urban and cultural heritage as *The Beeston Express* went to press this week. Dr Peter Barrett CBE had been invited to speak at a special anniversary meeting due to be held in The Town Hall on Friday, October 11 at 7pm.

Chilwell Road 'Village Ventures' Concert

**Saturday,
October 19
7.30pm**

The next concert at Chilwell Road Methodist Church, Beeston is on Saturday, October 19 at 7.30 pm and is 'A Night at the Movies' with Fordante.

Fordante present an evening full of sweeping Celtic melodies, mysterious Venetian harmonies and evocative Argentinian rhythms with a host of fabulous film music

including pieces from Schindler's List, Doctor Zhivago, Titanic, Out of Africa and many more.

Fordante is a critically acclaimed, award-winning classical ensemble who perform music from some of the greatest soundtracks alongside their own original compositions. Comprising violin, viola, cello, oboe and piano, the musicians' skilled

performances provide an evening of hugely enjoyable music.

The concert is part of the Nottinghamshire Village Ventures programme.

Tickets are Adult £8, (£6 in advance), Child £3, Family (2 + 2) £15 and are available from the church office, tel: (0115) 943 1164.