

# Leisure

## Walk And Talk

WE'VE had more warm weather this past couple of weeks – OK, Goose Fair weekend might have been something of a mudbath underfoot in places with the heavy rain beforehand, but it was still warmer than we'd have expected it to be when we were kids. Enjoy this warm autumn weather by taking time to unearth the windproof jackets and the waterproof walking boots before you head out for an invigorating walk.

**Short Walks** last between 45 minutes and one hour. They are over good surfaces on a fairly flat route with no stiles, and are suitable for newcomers to physical activity.

**Longer Walks** last up to 90 minutes and are across a mixture of canal towpaths, lanes, footpaths and public rights of way across fields. Surfaces may be uneven or muddy in places, there may be slopes and some stiles.

All walks are free and there is no need to book - just turn

up. Dress sensibly for the weather and wear suitable footwear. Smoking is not permitted. Dogs are not allowed, with the exception of guide dogs.

### Short Walks

**Colliers Wood/Moorgreen**  
Meet at the Horse & Groom public house (rear car park) Church Road, Moorgreen. Mondays at 11.10am (except Bank Holidays); Wednesday walks start at 2pm.

### Longer Walks

Route will vary depending on goup and weather, leaving the start point at 10.30am. Please arrive by 10.15am.

#### Thursday, October 17

Meet at The Farmhouse, Brinsley.

#### Tuesday, October 22

Meet at Bramcote Leisure Centre, Derby Road, Bramcote.

#### Thursday, October 24

Meet at Broad Oak, Strelley.

### Attenborough Guided Walk

#### Saturday, October 19

Meet at 10am at the Nature Centre car park on Barton Lane ready for this free three-hour guided walk around Attenborough Nature Reserve, led by a member of the Beeston Wildlife Group. All are welcome. Call Bill Wheatley on tel: (0115) 925 0208 or Nigel Slater on (0115) 916 6518 for more details.



## Broxtowe Ramblers

MORE information is to be found about the 'Broxtowe Ramblers' on page 8 in the 'Meeting People' column.

If you would like more details about a specific walk, contact telephone numbers for the walk leaders are given with the walk details below.

#### Sunday, October 13

### Walk 1 – Manifold and Dove Valleys

Start at 9.45am at Hartington Market Place. A 10-mile moderate walk led by Sue Page, tel: (0115) 916 1970 or mob: 07905 005 0634.

### Walk 2 – Six Hills and Gotham

Start at 10.15am at East Leake car park. A seven-mile moderate walk led by Brian Stroud. Tel: (0115) 924 4066 or mob: 07963 048 017.

#### Wednesday, October 16

### Walk 1 – Blore Pastures/Hanging Bridge

A moderate walk of 8.5 miles led by Barry and Barbara Cordery. Start at 10.15am at Blore Pastures car park. Tel: (0115) 919 7313 or mob: 07876 163 756.

### Walk 2 – Wysall/Willoughby

Start at Wysall Church at 10.15am. A five-mile leisurely walk led by Reg Lemon. Tel: (01773) 714 756 or mob: 07804 098 135.

#### Saturday, October 19

### Ockbrook

Carol Wood leads this six-mile leisurely walk, starting at Green Lane, near the Royal Oak in Ockbrook, at 10am. Tel: (0115) 922 9188.

#### Sunday, October 20

### Ticknall – Walk & Meal

A seven-mile leisurely walk led by Brian Palmer. Walk starts at 11am at Ticknall Village Hall car park. Walk and meal or walk only/meal only. Meal (£11.95 for two courses) needs to be pre-booked with Brian Palmer, tel: (0115) 925 9779 or mob: 07999 978 638 or Ken Gorman on tel: (0115) 919 5920 or mob: 07563 328 635.

#### Wednesday, October 23

### Edingly/Halam

Start at 10.15am at Kirklington picnic site. A leisurely 7.25-mile walk led by David Daws, mob: 07967 558 262 and John Stroud: mob: 07760 176 218.

## Five by Five Competition

TO be in with a chance to win a tenner in our Five by Five word competition, you need to find whole words to fit in the grid that read both across and down. The £10 cash prize awaits the sender of the first correct entry drawn from the bag

after this issue's competition closing date of Monday, October 21.

To enter, either cut out the grid or copy your solution onto the back of an envelope. Add your name and address before sending it to: Five by Five Competition, The Beeston Express, PO Box 7440, Beeston, Notts, NG9 1ZS.

Please note that from time to time, there may be more than one correct answer to

the 'Five by Five' puzzle. On such occasions, only the entries that match the official solution provided by the puzzle compilers will be entered into the draw.

The winner will be the sender of the first correct solution drawn after the closing date.

First correct answer drawn for Issue 254's Five by Five puzzle was Mrs D Woodhouse of Crofton Road, Attenborough.

## Express Quizword No 237

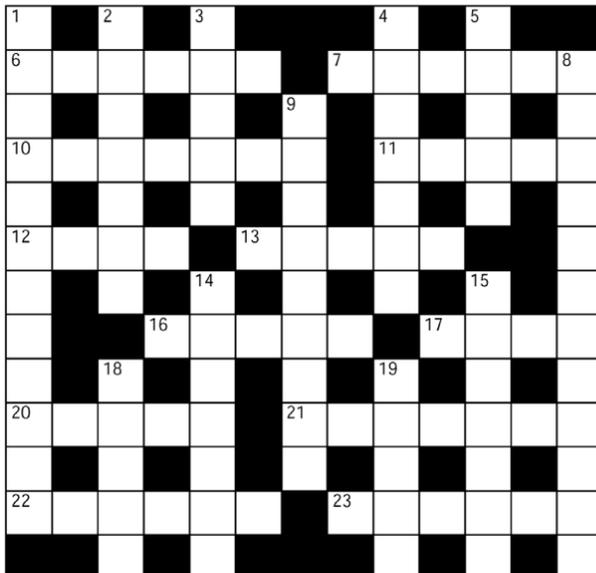
### ????? QUIZWORD

#### ACROSS No. 237

- 6 What sweet liquid is collected by bees? (6)
- 7 In 1887, which Scottish inventor fitted his child's tricycle with pneumatic tyres? (6)
- 10 Erik Weisz became which famous magician and escape artist? (7)
- 11 What wine grape has varieties Blanc and Noir? (5)
- 12 Which Roman emperor dreamt of being a poet and musician? (4)
- 13 Homespun khadi is a type of what? (5)
- 16 "All my love, all my kissin' " begins which Buddy Holly song? (2,3)
- 17 In galvanising, iron or steel is coated with what metal? (4)
- 20 A theatre guide (5)
- 21 What Indo-Aryan language is spoken in Bangladesh and part of India by around 190 million people? (7)
- 22 What stand supports a camera? (6)
- 23 The name of which Roman summer resort was adopted by a famous amusement gardens in Copenhagen? (6)

#### DOWN

- 1 Whose knighthood was annulled in 1979 after disclosure of his spying activities? (7,5)
- 2 What is the occupation of a person who calculates insurance risks and premiums? (7)
- 3 Shylock and which other stereotypical villainous Jew are the best-known in English literature? (5)
- 4 What creatures did Jim Henson create? (7)
- 5 What hard grey rock produces an igniting spark in old guns? (5)
- 8 What expression originated from a method of muting wind-up gramophones? (3,1,4,2,2)
- 9 Who played Dr Cliff Huxtable on TV from 1985 to 1992? (4,5)
- 14 The Greek word for hot provided the name for what make of vacuum flask? (7)
- 15 In bullfighting, who on horseback goads the bull with a lance? (7)
- 18 What unit of length equals 66 feet? (5)
- 19 In which country was Spike Milligan born? (5)



**SOLUTION 236:** ACROSS 1 Sombrero, 7 Knife, 8 Toothache, 9 Zoe, 10 Ruiz, 11 Sydney, 13 Ursula Address, 15 Pumice, 16 Feta, 18 Ice, 20 State Fair, 21 Oprah, 22 Honeydew. DOWN 1 Satyr, 2 Moonies, 3 Ruhr, 4 Rocky Marciano, 5 Dizzy, 6 Nemesis, 7 Kennedy, 12 Flemish, 13 Upsilon, 14 Emerald, 15 Petri, 17 Arrow, 19 Pete.

### General Knowledge Quiz

1. In a medieval castle, what word describes the tower situated near the entrance gate and drawbridge?
2. What is the full name of the museum that is located at Beaulieu?
3. How many teeth constitute a full human adult set?
4. What was the name of the Ewing's ranch in the TV series 'Dallas'?
5. What type of creature is a pipistrelle?
6. Which berries are used to flavour gin?

Answers on page 8

### 5x5

Insert the missing letters to complete ten words - five across the grid and five down.

**No.117**

P		S		S
	L		H	
S		R		N
	E		S	
E		T		R

DISCO ← OUR SOLUTION TO PUZZLE No.116 (Other combinations may occasionally be possible.)

UNCAP

CLOUT

TERSE

STEED

Reference: C.O.D. 1995

## Smile Corner



GIVEN half a chance, politicians would give lower taxes and extra social security concessions to marginal constituencies only.

William Keegan