

Community Notice Board

Unwind your mind and feel good

Monday, October 12
10.30am – 2.30pm

Beeston Library, Foster Avenue

During Mental Health Awareness Month, Beeston Library will be participating in an event to celebrate the well-being benefits of books and reading.

This free event invites you to take a Body MOT, a hand massage, some pampering – or ask the Book Doctor to prescribe your next good read!

Railway Film Night *Now and Then, Steam in B&W and Colour*

Wednesday, October 14 at 8pm. The Embankment Club, Arkwright Street, Nottingham

The Winter 2009/10 series of railway film nights continues with this presentation by Ken Horan. There will be a selection of photographs from Ken's extensive collection, built up over many years and including the period when he was a fireman on steam locomotives for British Rail.

This event is open to members and non-members and is a fundraising event in support of the Transport Heritage Centre at Ruddington, home of the only steam railway in Nottinghamshire. Admission: £2.50.

Further information from Alan Kemp on tel: 925 2140.

African International Network

Black History Season

23 – 24 October, Beeston Square
11am – 5pm

African Story Telling and Dance, Drumming Sessions, Food Tasting, Films and more!
Arts, Crafts, Books, Clothes

All proceeds to the charity

What's on

Sunday, October 11

Paradiso Cinema presents:

Young Victoria
7.30pm

Chilwell Arts Theatre, Chilwell School

Tickets on the door
£4.50, £3 (conc)

Monday, October 12

Toton Support Group hosts its *Sixteenth Birthday Party* and invites you to drop in for refreshments at 15 Stapleford Lane, Toton
10am – 4pm

Bring & Buy, Cakes, Groceries, Bric-a-brac, Cards
With all donations to The Children's Society

Monday, October 12

Friends of Toton Fields present *Feathered Wonders*
Illustrated talk by Bill Wheatley MBE
7.30pm

St Peter's Church Hall, Stapleford Lane, Toton

Tuesday, October 20

Shoestring Evening at the Flying Goose with Nicola Monaghan (Author) and Wayne Burrows (Poet)
7.30pm – 9pm

The Flying Goose Café, 33 Chilwell Road, Beeston
Admission £3, inc free glass of wine

Wednesday, October 21

Village Ventures presents: *The Garlic Theatre*
The Sorcerer's Apprentice
6pm – 7pm

Chilwell Arts Theatre, Chilwell School
Tickets from the school, tel: 925 2698 or 07827 996 223

£6, £4 (conc) or £16 family (2+2)
Special offer for children attending Chilwell family of schools (Chilwell, College House, John Clifford, Meadow Lane, Rylands, Trent Vale):
£5.50 adult, £3.50 conc, £15 family.
Suitable for children aged 4+

Monday, October 26

Bramcote & Stapleford Conservative Branch
Question Time Event
7.30pm
Bramcote Memorial Hall, Church Street
Admission: £2.50 donation, to include glass of wine
On the panel: PPC Anna Soubry, Cllrs Tom Pettengell, Richard Jackson and Eric Kerry

Attenborough and Chilwell Women's Club

Annual Autumn Fair

Saturday, October 17
10am – 12 noon

Attenborough Village Hall, Attenborough Lane

Stalls: Cakes, Handicraft, Stationery, Jewellery, Toiletries, White Elephant, Pots, Books, Garden, Bran Tub, Toys, Tombola
Refreshments

Entrance: 50p (includes one free drink)

All proceeds to local charities

Friends of Toton Fields invite you to

The Big Draw, Family Art Project – Owl Art

Saturday, October 24
10.30am – 2.30pm

The Methodist Church, Stapleford Lane, Toton

An unusual event for all ages, you are invited to come along and have a good time drawing, discover some of the local history of the area and produce a fine picture at the same time.

You will have the opportunity to 'Hold and Draw' one of 12 real life owls that will be brought along by the Hoots Owls Rescue Centre, East Leake.

Admission is free.

CAT Meetings

THE following Community Action Team (CAT) meetings are scheduled to take place:

Attenborough

Wednesday, October 14 at 7pm
Attenborough Village Hall

Beeston Fields

Tuesday, October 13 at 7pm
Boundary Road Church

Chilwell West

Thursday, October 15 at 7pm
Inham Nook Methodist Church Hall, Pearson Avenue, Chilwell



Amnesty International Meetings

Beeston Amnesty International Group will meet on the following dates:

Monday, October 12 at 7.30pm

Monthly meeting at Beeston Library, Foster Avenue
Guest Speaker Dave Groom on his visit to Palestine

Thursday, October 22 at 7.30pm

Letter Writing meeting at the Commercial Inn, Wollaton Road

For more information visit: www.amnesty.org.uk/beeston

email beeston.amnesty@gmail.com

or ring (0115) 917 8450 or 07954 174 827

Answers to General Knowledge Quiz on page 15:

1. David Lloyd George (1916)
2. Soils
3. Vera Lynn
4. K
5. Alexander Dumas
6. The Cotswolds

To put your event in the **What's on** diary, complete the coupon below, using block capitals. Items for inclusion in the column should reach us at least 15 days before the event. Remember that *The Beeston Express* is published fortnightly and allow sufficient time in advance of publication.

What's on diary coupon

Name of Organisation	<input type="text"/>	
Title of event	<input type="text"/>	
Venue	<input type="text"/>	
Date	<input type="text"/>	
Starts	<input type="text"/>	Finishes <input type="text"/>
Admission price	<input type="text"/>	
Sender's details (in case of query, not for publication)		
Name	<input type="text"/>	
Tel. No.	<input type="text"/>	

If necessary, please use an additional sheet of paper to provide more information. Send your coupon to: **What's on**, The Beeston Express, PO Box 7440, Beeston, Nottingham, NG9 1ZS or email enquiries@beestonexpress.co.uk

Listings for the diary are accepted from bona fide clubs, charities and non-profit making organisations.