

# Express Business

This is the official business page of The Beeston Express, where we feature local businesses, large and small, with news to share. Our aim is to keep Beeston Express readers living in the wider community up-to-date with what's going on in the business world, either as items of general interest or if it may affect them directly (such as changes to tax laws, for instance). However, we request that, if we are running advertising editorial, some advertising in The Beeston Express supports it.

ADVERTISING FEATURE

## Onyx Goldsmiths

BEESTON'S own unique style jewellers have an amazing saving of up to 75% off rings this June! There are over 1,000 individual style rings on offer, available in white and yellow gold, platinum, titanium and silver. The range of stones available for setting includes diamonds, both pink and blue; yellow and green sapphires; ruby; emerald; tourmaline; jade; blue topaz; and many more. There has never been a better time to purchase a unique, breathtaking ring from this famously inspirational goldsmiths.

For the first time ever, the sale includes a range of certificated diamonds in Tiffany style settings (limited stocks available). Sizes range from a tiny size D, right up to Z+6. In fact, any size can be catered for! Is it your Ruby anniversary? Now is the time to purchase a ruby ring – there are over 50 in the sale!

### Bespoke Service

Be unique... create your own jewellery! Jewellery should be as individual as you are. All you need to do is inform the experienced sales advisors of your design, and they will create exactly what you have in mind. Detailed sketches can be provided at no extra cost so that you can see a visual

representation of the finished item. The craftsmanship and uncompromising service is to the highest international standard, and nothing is beyond their capabilities.

Onyx also have a rapid jewellery **repair and renovation** service for items needed in a hurry. Don't discard favourite items of jewellery because you think they are ill-fitting or beyond repair. It is worth talking to their advisors to see if they can be rescued. In fact, they will collect and return your repairs and engravings to you if you can't get into the store – what a service!

It is no secret that Onyx's inspirational jewellery has been hired out to TV shows, fashion shoots and all manner of corporate events, as well as being featured in numerous magazines. This hire service is now extended to *all* their customers. See for yourselves their exquisite and eye-catching range of jewellery for hire, and make a head-turning (yet affordable) entrance.

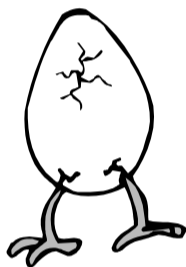
For all your jewellery needs, pay **Onyx Goldsmiths** a visit at 99 High Road, Beeston, or call them on 0115 9258744.

## Early birds can get cracking at Castle College

AN early enrolment event for Castle College's full and part-time courses, starting in September, will be taking place on Tuesday, June 24 from 1pm to 7.30pm at the Beeston, Stapleford and People's campus.

Staff will be on hand to offer free advice and guidance for those unsure about which course is the right one for them and, for those enrolling by August 22, certain courses offer a 10 percent discount on the tuition fees.

For more information and to receive a copy of the new A-Z Course Directory 2008/9, call 0845 845 0500.



## Debt counselling centre reopens as UK personal debt rockets

CHRISTIANS Against Poverty, the national debt counselling charity, has announced that it is opening a dedicated debt counselling centre in Nottingham, covering Beeston, Chilwell, Attenborough, Toton and Bramcote. The news, which coincides with statistics showing that personal debt in the UK currently tips the scales at £1.4 trillion, will mean that individuals will be able to take advantage of the charity's free, specialist advice.

The charity operates through a network of centres based around the UK, all opened in partnership with a local church. Over the last ten years, the charity has grown from one man working from his home with a donation of £10 to a national charity with 72 centres across the country. The local centre is in partnership with Trent Vineyard Church.

Heading up the Nottingham centre is James Henderson,

who will work with the local community, regardless of religious belief, negotiating with creditors to work out a realistic budget for clients that will prioritise food and essential bills, helping them to become debt free within four years.

James will be supported and managed by the charity's Operations Centre in Bradford, so that he is able to offer clients other services, including insolvency services, should they need.

He said: "Debt is an increasing problem in our society but individuals can receive the help and support they need through Christians Against Poverty's work. The worst thing someone in debt can do is stay silent, so I would urge anyone in the area in financial difficulty to contact me. Being in debt is nothing to be ashamed of and I know we can work together to provide a lasting solution."

For more information, call 0800 328 0006.

ADVERTISING FEATURE

## Marvel of Chinese Medicine by Dave Yeomans

I HOPE to share some of my knowledge of acupuncture and Chinese medicine; why acupuncture seems to not work for some people (I emphasize the word *seems* here, as well as acupuncture).

During my 22 years in practice, I have met many people who claim to practice acupuncture. I enjoy meeting and exchanging notes with other acupuncturists and, to my surprise, I became aware that not all practitioners had the same training. Some have little, or even none at all. There are no laws against practicing 'acupuncture' without training.

However, I consider myself fortunate to have received my training from a world-class expert. A Master of Five Elements acupuncture, Professor J R Worsley always said: "If the treatment didn't work, you must have done it wrong. Don't blame the system, but go back and look for what you have missed."

He emphasised the importance of self examination leading to greater accuracy. I often have conversations with myself

– asking myself what I might have overlooked that could be important. I sometimes find it hard to contain myself when I hear folk say: "I had acupuncture and it didn't work for me." I want to leap up and start asking questions: "Did they do such and such a treatment? Did they try this? Or that? Did they mention your pulse strength?"

At college, Dr Worsley taught that there were five different conditions that needed to be corrected if a patient failed to respond to treatment; that is, corrected before they will respond to treatment: 1) the *deep trauma syndrome*, 2) the *left hand, right hand imbalance*, 3) the *central pathway block*, 4) the *polluted energy syndrome* and 5) the *displaced self phenomena*.

The *deep trauma syndrome* is simply a state that some people get into after a bad experience. A woman I treated for toxic heat in the liver causing joint pains did not respond to initial treatment at all, until I released her from trauma. Upon 'release', she burst into tears and told me that she had crashed her car into a rubbish skip

ten years previously. The car was a complete write-off. On that day, when she had nearly died, she merely got out of the car and walked to work, where she did a days' work and then went home as if nothing had happened. She was literally beside herself with fear, and then functioned on autopilot for ten years, afraid to feel anything. The effect on her body was disastrous. When the trauma was released, not only did her body heal, but her old personality returned.

Lots of experiences can leave us in a similar state: attack; physical, emotional or psychic abuse; sexual or emotional pain; physical pain; the loss of a loved one; drugs... the list goes on.

I agree with my teacher; if you don't release the trauma first, subsequent healing attempts won't work. The mind and the body are interlinked; even memories can poison the body until they are healed.

Next issue, the second of the five conditions. Until then, God bless and guide us all.

## Onyx Goldsmiths 21st Anniversary 0.21 carat Diamond Ring Competition

Name .....

Address .....

Postcode .....

Telephone .....

Email .....

To have a chance of winning a white gold 0.21 carat diamond ring, pop this coupon into the shop on Beeston's High Road before July 10.

The Beeston Carnival Princess, sponsored by Onyx, will select the winning ticket at the Carnival on Broadgate Park on July 12.

