Leisure

Five by Five Competition

THE 'Five by Five' word competition gives you a chance to win £10 cash. All you have to do is put the missing letters into the grid to make complete words that read along and down.

When complete, either cut the grid out or copy your answers onto the back of a postcard or envelope. Add your name and address and return it to *The Beeston Express*, PO Box 7440, Beeston, Notts, NG9 1ZS to arrive no later than Monday, July 12. The winner of the £10 will be the sender of the first correct entry drawn from the bag.

The sender of the first correct entry drawn and therefore winner of Issue 173's 'Five by Five' competition was P W Ruane of Erewash Grove, Toton; sender of the first correct entry drawn and winner of the £10 cash prize.

	U		T	
I		L		T
	C		N	
C		N		E
	P		N	

Last issue's solution

S	L	U	S	H
P	I	N	T	O
A	T	T	I	C
T	H	I	C	K
S	E	E	K	S

General Knowledge Quiz

1. Who was the first footballer to win 100 caps for Scotland?
2. What term describes a native or inhabitant of the city of Oxford?
3. What do the initials ABTA stand for?
4. Which Spanish town is associated with the production of high quality steel swords?
5. In which country is the world's largest pyramid?
6. Who founded the Church of England?

Answers on page 8

Smile Corner

"Why didn't the skeleton go to the dance?"

"Because he had no body to go with!"

Why do we say that?

"Saved by the bell"

to mean saved by a last minute intervention.

MANY of our day-to-day expressions date back many years and enrich our language.

One plausible suggestion as to the origin of the expression 'saved by the bell' is that, in the middle ages, people had a real fear of being buried alive. To combat this fear, a coffin would be placed in the grave and a bell connected above ground, so that if they did revive, they could ring the bell and so be saved from an unpleasant death.

Review

Mid-Summer Music

in aid of Chilwell Road Methodist Church charity

by Colin Firbank

RECENT events at Chilwell Road Methodist Church have continued the church's and local community's successful support of the Women's Friendship Group, this year's church charity.

The free concert, 'Mid-Summer Music', on June 19 featured more than 30 singers and musicians. The programme provided an interesting mix of music and many of the items had been chosen to reflect aspects of summer.

The concert band, which included members of the Junior Church, played two hymns from its Sunday morning repertoire as well as 'Grandfather's Clock' and 'Star Wars' before accompanying Serena Lindsay as she sang 'Summertime'.

The young musicians also played solos, with performances from Ella Bridges (trumpet), Molly Sneath (flute), Alex Boden (saxophone), Grace Boden (violin) and Eleanor Beestin (piano). Olivia Bridges played three flute duets with her mother, Stephanie, and Jenny Weir shared piano duets with Andy Taylor and Malcolm Batchelor.

Pianist Trevor Hides began his selection with 'To a Wild Rose' and ended with a piece he had composed especially for the concert and entitled 'Midsummer Variations'.

Peter Smith provided a contrast to the music with two monologues: 'Yorkshire Pudden' and 'The Magna Charter'.

In the first half of the concert the small choir's contribution included 'Hello Dolly', 'As Torrents in Summer', 'Moscow Nights' and 'Pastime with Good Company', whilst in the second half, the choir's choice was, 'O Praise the Lord', 'Break the Bread of Belonging' and 'Look at the World'. The concert ended with the Celtic blessing, 'May the Road Rise'. Donations by the audience raised £182 for the charity.

The following Saturday, more than 60 people representing a good mix of ages arrived for the Barn Dance. Music was provided by Fred's Folks Ceilidh Band and, with Eric Foxley leading the band and Joy Foxley issuing the instructions, it was a very enjoyable evening.

The evening's proceeds of £250 were shared equally between the Women's Friendship Group and the Bluebird Trust.

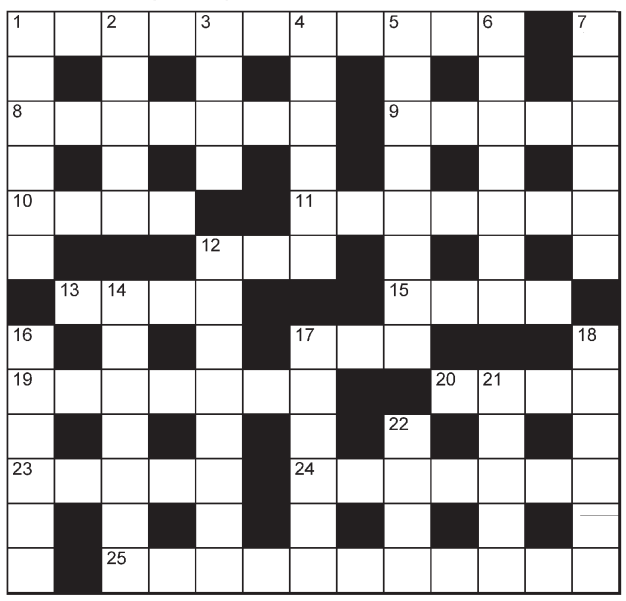
Express Quizword No 157

ACROSS

1 Which London landmark was completed in 1894? (5,6)
8 Thomas Stearns are the first two names of which poet and dramatist? (1,1,5)
9 Which river flows through Lake Geneva? (5)
10/11 Who left the Monkees in 1969 to form the First National Band? (4,7)
12 Which extinct New Zealand bird was related to the emu? (3)
13 What colour did the Unionists wear in the American Civil War? (4)
15 Which renowned Dutch football team is named after a Greek warrior? (4)
17 Who (Myrna ___) was dubbed "Queen of Hollywood" in the 1930s? (3)
19 Where in the US are the Lincoln Park Zoological Gardens? (7)
20 Who had a number-one hit in 21 countries with her single "Believe"? (4)
23 What musical term means "half" or "moderately"? (5)
24 Which river forms part of the border between Colombia and Venezuela? (7)
25 What popular name for a style of clock was derived from an 1876 song? (11)

DOWN

1 What rectangular mat of woven straw is used as a standard to measure a Japanese room? (6)
2 What edible marine mollusc has a snail-like shell? (5)
3 A udometer records the amount of what? (4)
4 What is the light-sensitive layer at the back of the eyeball? (6)
5 Who sang with Les Brown's band on the 1944 hit recording "Sentimental Journey"? (5,3)
6 What is sexually exciting literature or art? (7)
7 What is a day nursery for young children? (6)
12 What is a malignant skin tumour, usually caused by sunlight? (8)
14 In which city did composer J S Bach die? (7)
16 What are also called Norway lobsters? (6)
17 Which loch has "bonnie bonnie banks"? (6)
18 What is a garden bower of trees or climbing plants? (6)
21 Hoochinoo, a liquor-making Alaskan tribe, gave our language what word? (5)
22 What passport endorsement allows entry to a country? (4)



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SOLUTION 156: ACROSS 1 Botulism, 7 Skull, 8 James Cook, 9 Lee, 10 Uvea, 11 Abseil, 13 Catherine Parr, 15 Hounds, 16 Gold, 18 Tea, 20 Speakeasy, 21 Mopsy, 22 Asteroid. **DOWN** 1 Bijou, 2 Tempest, 3 Last, 4 Snow blindness, 5 Quill, 6 Sleeper, 7 Skeeter, 12 Debussy, 13 Centime, 14 Avocado, 15 Harpo, 17 Dryad, 19 Skye.

Walk And Talk

What incredible evenings we had over the time of the summer solstice on June 21 – the evenings perfect for walking and a magical sunset to be enjoyed if you did happen to be out and about on the Monday of the solstice.

The Walk & Talk programme offers different types of walk, so that you can find a walk suitable for you.

Short Walks last between 45 minutes and one hour. They are over good surfaces on a fairly flat route with no stiles, and are suitable for newcomers to physical activity.

Longer Walks last up to 90 minutes and are across a mixture of canal towpaths, lanes, footpaths and public rights of way across fields. Surfaces may be uneven or muddy in places, there may be slopes and some stiles.

All walks are free and there is no need to book – just turn up. Dress sensibly for the weather and wear suitable footwear. Smoking is not permitted. Dogs are not allowed, with the exception of guide dogs.

Short Walks

Saturday, July 3
Attenborough Nature Reserve
Meet at Attenborough Nature Centre at 10am for this monthly short walk for health organised by the 'Walk & Talk' group.

Colliers Wood/Moorgreen
Route will vary depending on group and weather. Meet at the Horse and Groom (rear car park), Church Road, Moorgreen. Every Monday at 11.10am. Every Wednesday at 2pm.

Wollaton Park
'Best Foot Forward' walks on Friday and Saturday mornings at Wollaton Park. Call Ali Allen on (0115) 919 4877 for more details.

Longer Walks

Tuesday, July 6
Meet at Bramcote Leisure Centre, Derby Road, Bramcote at 10am.

Thursday, July 8
Meet at The Ram Inn, Beauvale, Newthorpe at 10.30am.

Thursday, July 15
Meet at the Gardeners Inn, Awsworth Lane, Cossall at 10.30am.

Walks After Work

Take place on Tuesday evenings at 5.15pm.
A perfect wind down after a busy day. Up to 90 minutes in length and in the Beeston area. No stiles.

Tuesday, July 13
Meet at the bandstand in Beeston Square.

Cycling for Health

A new project for Chilwell and Beeston. If you would like to improve your skills and confidence in cycling, call Liz Pierce, Public Health, NHS Notts County for more information on tel: (0115) 875 2098.