

Leisure

Five by Five Competition

OUR competition for the wordsmiths amongst you provides an opportunity to win £10 for putting the missing letters into the grid to make complete words that run across and down.

When complete, cut out the grid and send it, along with your name and address, to *The Beeston Express*, PO Box 7440, Beeston, Notts, NG9 1ZS. Or copy your solution onto the back of an envelope or postcard, add your name and address and send it to us at the address given, to reach us no later than Monday, July 26. The winner of the £10 prize will be the sender of the first correct entry drawn from the bag.

The winner of Issue 174's Five by Five competition was M C Harrison of Deddington Lane, Bramcote.

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| | A | | E | |
| I | | A | | E |
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| E | | G | | D |
| | E | | D | |

Last issue's solution

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| D | U | C | T | S |
| I | N | L | E | T |
| S | C | O | N | E |
| C | A | N | O | E |
| S | P | E | N | D |

General Knowledge Quiz

1. The ancient town of Pompeii was destroyed by which volcano?
2. What is meant by the abbreviation UHF?
3. Where is the body's Pituitary gland located?
4. Which colour is common to the flags of Sweden and Belgium?
5. Denver is the capital of which US state?
6. What term describes a plant that stores water in its thick fleshy leaves or stem?

Answers on page 9...

Review

'Showstoppers' by Cantata

THE Cantata Ensemble, under the direction of Lisa Mills, returned to Chilwell Road Methodist Church, Beeston, to perform the 'Showstoppers' concert programme, which they have already taken to a number of venues in the Nottingham and Derby area this year.

The concert opened in a lively 'Razzmatazz' fashion with the songs *Another Opening, Another Show, All that Jazz* and *Lullaby of Broadway*. After *Anthem* and *The Impossible Dream*, the ensemble sang four religious songs a cappella: *Deep River, Amazing Grace, Love Comes Tricklin Down* and *Down by the Riverside*. Members of the audience were encouraged to join in for *Party Time* with the singing of *The Lambeth Walk, A Swell Party* and *New York, New York*. To round up the first part of the show, the group celebrated their joy of singing with *I write the songs*.

Three shows provided the material after an interval, with more variety added by soloists. From *Godspell* the choice was *Prepare ye, Save the People* (Martin Briggs), *All Good Gifts* (Craig Arme) and *On the Willows* (Lynn Towle and Carrie-Anne Corner). From *Mamma Mia* came *Super Trooper, Dancing Queen* (Kate Heczek), *I have a Dream* (Alison Lawrence and Carolyn Briggs) and *Thank You for the Music* (Lisa Mills). The final selection came from *Les Miserables* with *I Dreamed a Dream* (Lisa Mills), *Bring Him Home* (Paul Mills) and *Do You Hear the People Sing?* (Vaughan Saxby and Gary Peake). The concert ended with *Rhythm of Life*.

Cantata's annual visit to Chilwell Road has become an important feature of the church's concert calendar. The visit brings with it not only a high standard of eagerly anticipated entertainment but also raises money for charities supported both by the church and Cantata.

Chilwell Road Methodist Church's charity for 2010, the Women's Friendship Group, would benefit from £221 raised by the concert. This brings the total already raised this year to more than £7,500.

Walk And Talk

WE'VE certainly been having a mixed bag of weather lately. There's been plenty of warm and dry days: some have been cloudy and some have been windy but, even though the weather men have promised it, there's been no sign of the one thing that's likely to stop you from going out for a walk – rain.

The Walk & Talk programme offers different types of walk, so that you can find a walk suitable for you.

Short Walks last between 45 minutes and one hour. They are over good surfaces on a fairly flat route with no stiles, and are suitable for newcomers to physical activity.

Longer Walks last up to 90 minutes and are across a mixture of canal towpaths, lanes, footpaths and public rights of way across fields. Surfaces may be uneven or muddy in places, there may be slopes and some stiles.

All walks are free and there is no need to book – just turn up. Dress sensibly for the weather and wear suitable footwear. Smoking is not permitted. Dogs are not allowed, with the exception of guide dogs.



Longer Walks

Saturday, July 17
Attenborough Nature Reserve
Meet at Barton Lane Car Park at 10am for this 3-hour guided walk around the nature reserve organised by Beeston Wildlife Group. Contact Bill Wheatley on 925 0208 for more details.

Tuesday, July 20
Meet at the Festival Inn, Ilkeston Road, Trowell at 10am.

Thursday, July 22, 29
Meet at the Gardeners Inn, Awworth Lane, Cossall at 10.30am.

Walks After Work

Take place on Tuesday evenings at 5.15pm. A perfect wind down after a busy day. Up to 90 minutes in length and in the Beeston area. No stiles.

Tuesday, July 27
Meet at the bandstand in Beeston Square.

Cycling for Health

A new project for Chilwell and Beeston. If you would like to improve your skills and confidence in cycling, call Liz Pierce, Public Health, NHS Notts County for more information on tel: (0115) 875 2098.

Express Quizword No 158

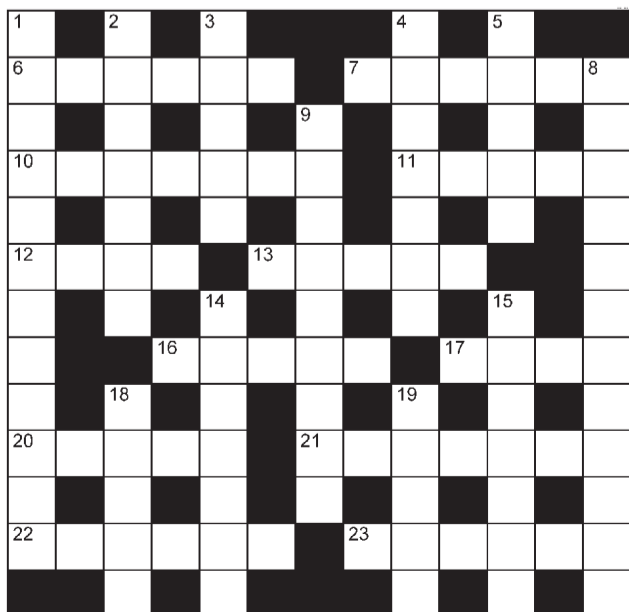
ACROSS

- 6 What did Sir Thomas More title his 1516 book about an imaginary island with the perfect society? (6)
- 7 What do ungulate mammals have? (6)
- 10 What is a chisel-edged cutting tooth? (7)
- 11 What is the capital of Western Australia? (5)
- 12 In tennis, what are groups of games counting as units towards a match? (4)
- 13 What is a loosely coiled bundle of yarn or thread? (5)
- 16 Pluto and which other Disney doglike character appeared in the early 1930s? (5)
- 17 Which north Pacific island was ceded to the US by Spain in 1898? (4)
- 20 What is a seller's glib, plausible patter? (5)
- 21 What nocturnal insects with about 1100 species have pincers on the tip of their abdomen? (7)
- 22 What Latin word for "queen" is used in legal documents? (6)
- 23 What word for any thick soup came from Old French? (6)

SOLUTION 157: ACROSS 1 Tower Bridge, 8 T S Eliot, 9 Rhône, 10/11 Mike Nesmith, 12 Moa, 13 Blue, 15 Ajax, 17 Loy, 19 Chicago, 20 Cher, 23 Mezzo, 24 Orinoco, 25 Grandfather. **DOWN** 1 Tatami, 2 Whelk, 3 Rain, 4 Retina, 5 Doris Day, 6 Erotica, 7 Crèche, 12 Melanoma, 14 Leipzig, 16 Scampi, 17 Lomond, 18 Arbour, 21 Hooch, 22 Visa.

DOWN

- 1 Who landed in Britain in 55BC? (6,6)
- 2 Ostracised in 1880 by the Irish Land League, which landowner's name then entered the language? (7)
- 3 What is a small booth from which food, newspapers and tickets are sold? (5)
- 4 Which city was totally destroyed in 79AD? (7)
- 5 What are series of six balls bowled in cricket? (5)
- 8 "The classroom" is an anagram of what word? (12)
- 9 Who composed *Peter and the Wolf*? (9)
- 14 Which island in the Baltic Sea, long disputed between Denmark and Sweden, was ceded to Sweden in 1645? (7)
- 15 What is a play or film consisting of dialogue interspersed with singing and dancing? (7)
- 18 Who is the fat, clumsy boy killed in *Lord of the Flies*? (5)
- 19 What is a number of birds produced at one hatching? (5)



Why do we say that?

A 'petard' was a small bomb used by foot soldiers to breach city walls and such like.

If the bomb went off early and the soldier was killed, he was said to have been "hoist by his own petard" – his own cause lost by something intended to cause damage elsewhere.

Feedback sought

ARE readers happy with the puzzles currently provided here on page 15?

For instance, we've been running the 'Five by Five' puzzle for some time now. Do readers want it to continue, or are they ready for a change?

Please let us know, using the contact details on page 2.

Short Walks

Colliers Wood/Moorgreen
Route will vary depending on group and weather. Meet at the Horse and Groom (rear car park), Church Road, Moorgreen. Every Monday at 11.10am. Every Wednesday at 2pm.

Wollaton Park
'Best Foot Forward' walks on Friday and Saturday mornings at Wollaton Park. Call Ali Allen on (0115) 919 4877 for more details.

Smile Corner

A MAN joined an abbey and took a vow of silence: he was allowed to speak only two words every five years.

After the first five years had passed, he went to see the abbot and said: "Bed hard." Whereupon he turned and walked out of the door.

Five more years passed and he went to see the abbot again. This time he said: "Food cold." Again, he turned and walked out of the door.

After another five years had passed, he went once more to see the abbot. This time he said: "I quit."

"I'm not surprised," replied the abbot. "All you've done since you got here is complain."

