

Community

Shining Stars

OUTSTANDING achievements by the Year 1 to 6 pupils of John Clifford Primary School were rewarded at a special ceremony before Christmas when the Steve Doo Shining Star awards were presented.

Steve Doo was Chair of Governors at the Nether Street school until his death in 2007 at the age of 49. Members of his family created the award for special

achievement in a number of defined categories of school life, with pupils being nominated by staff and teachers. It was presented for the first time in 2009.

This year's overall winner was Charlie Hosker, aged 10. He received the Steve Doo Shining Star trophy, (which he will keep for one year), from the members of Steve Doo's family: children Josh, Bethan and Connal.

Charlie, a keen footballer, said he was very proud to have been nominated and to receive the trophy.

In addition to acting as Chair of Governors for the school, Steve Doo was a borough councillor and deputy leader of Broxtowe Borough Council.

It's that time of year! Healthy fun for all at Stapleford

IF you live in Stapleford and want to know how to be healthier in 2010, you might find the answer at a 'Healthy Fun Day' being held at William Lilley School, Halls Road, Stapleford, on Saturday, January 30.

The event, to be held between 11am and 3pm, will include have-a-go sessions of cheerleading, 'bollywood' dancing and belly dancing to a red-hot

salsa. Younger members of the family can train to be superheroes with the Sprouts Dogma group, and will receive a gift to encourage them to be more active. There is also a free draw to win a child's bike.

The Fun Day is open to people of all ages from the local community. In addition to the activities, there will be information available about healthy eating, walking and cycling,

quitting smoking, play ideas for indoor and outdoor play, kite making as well as a pedal-powered 'smoothie' bike.

The event has been planned by parents and workers from Sure Start and Broxtowe Borough Council, as is supported by representatives from Castle College, Bramcote Leisure Centre, Nottingham Credit Union, St John Ambulance and Nottinghamshire Police.

Nottinghamshire County LINK – Raising Issues

NOTTINGHAMSHIRE County LINK was set up in April 2008 with the intention of finding out what the public has to say about their local health and social care services.

LINK comprises a network of volunteers, organisations, groups and individuals who all want to improve publicly funded health and social care services in their local area. LINK can effect positive change to health and social care services, but only after members of the public tell us what needs improving. Laura Thomas, Senior Community Engagement Research Worker, said: "LINKs need to hear ideas that could make a difference, and who better to come up with improvements than the people who actually use the services!"

During the past year, LINK has been looking into a number of issues around Nottinghamshire. These have included the length

of time that patients with learning disabilities, who require a general anaesthetic for dental work, have to wait before receiving treatment. This can often take up to 30 weeks and has a severe impact on the patient's health and wellbeing.

Respite services for carers, and access and barriers to health and social care services, are two other major issues that the LINK has been looking in to. Reports and recommendations for improvements on each issue will be published and made available to the public in March this year.

Beeston-based Workshop

Nottinghamshire County LINK has organised a number of participant workshops to take place throughout the county during the next few weeks. On February 12, a workshop entitled: "What are the priorities for improving health and social care

services in Broxtowe?" will take place in Beeston.

This is a great opportunity for members of Broxtowe communities to meet other LINK participants and to raise any issues they have about their local health and social care services. Once issues are raised to the LINK, they will be prioritised by an Issues Panel and then be put forward for inclusion in the LINK Work Plan 2010-2011. If you have something to say about health and social care, then this is the perfect opportunity!

The workshop will take place from 10am to 4pm at Young Potential Ltd, 2 Humber House, Humber Road, Beeston, Nottinghamshire, NG9 2ET. A free lunch is provided. Places are limited, so if you would like to find out more information please contact the LINK support team on info@strongerlocalvoice.com, visit www.strongerlocalvoice.com or call (0115) 975 4647.

Something for young people to talk about

UNDER 25s living in the area are being encouraged to take a chlamydia test, following the revelation that one in five do not know chlamydia can affect their fertility.

NHS Nottinghamshire County is raising awareness around a new national campaign - Chlamydia. Worth Talking About – and is keen for local parents to talk to their children about the benefits of testing.

It is estimated that one in ten young people in Nottinghamshire have the Sexually Transmitted Infection (STI), which is

often dubbed the 'silent infection' due to its lack of obvious symptoms.

Alison Huckle, from NHS Nottinghamshire County, said: "Chlamydia can often go undetected and one of the dangers is that it can lead to infertility. We want parents to talk to their children frankly about sexual health, relationships, contraceptive choices and protection against STIs.

"We have sent a letter out to all 18-24 year olds in Nottinghamshire urging them to say 'yes' to a test."

All sexually active under 25's are eligible for the

chlamydia test, which is free and easy. For males, it is a simple urine test. For females, a self-taken swab. If the test is positive, treatment is easy and painless.

The test is available at GP surgeries, pharmacies and local sexual health clinics.

There is also a 'DIY' chlamydia screening kit, which comes in a discreet white envelope, that can be ordered from the Chlamydia Screening Team on 01623 673 673 or online at www.screen-me.org.

Nottinghamshire County LINK Participant Workshops



'What are the priorities for improving health and social care services for communities in Broxtowe?'

A workshop to find out what health and social care issues people have is taking place on:

12th February - 10am to 4pm
(free lunch provided)
at **Young Potential Ltd**
2b Humber House, Humber Road,
Beeston, Nottinghamshire NG9 2ET

If you are interested in attending please contact the LINK on
0115 975 4647 or info@strongerlocalvoice.com

www.strongerlocalvoice.com