

Community

More than one way to keep fit as ceilidh limbers up some joints

IT wasn't quite 'Strictly' as ceilidh dancers gathered at the New Venture Club in Beeston Rylands, blowing the January cobwebs away on the dance floor with an evening of reels, jigs and twists.

A credit crunch approach to an evening's entertainment meant dancing to recorded music, which at least helped to keep the door price low. The night was aimed both at those who had never danced before as well as those who wanted to build on the basics.

On the night, some well-known ceilidh dances were performed, such as the Dashing White Sergeant, Strip the Willow and others, but the group also experimented with the likes of the less familiar, such as the Flying Scotsman and Postie's Jig.

Organiser Shuggie MacInnes said: "Ceilidh dances are always great fun, sociable, informal and a great way to get fit without having to go to the gym. We are planning to run nights

like this every couple of months. On ceilidh evenings, folk can look forward to a social event. Anyone can join in – our eldest dancer in January was a fit 67 year old! No partner is necessary and, as far as particular dances go, we're open to all suggestions and will try anything once!"

The next ceilidh will be held on Saturday, March 6, again in the New Venture Club, starting at 8pm. £3 on the door. Contact Shuggie via email for more details at dmaci2000@yahoo.co.uk

Betty Allcock, 100

FAMILY and friends travelled to Landermeads at Chilwell to help Miss Betty Allcock celebrate her 100th birthday on February 10.

Born in Eastwood, Betty moved to Nuthall before moving to a flat in Wollaton. During her working life, she was a secretary at Henry

Mellish School, Nottingham and upon retirement, went to work part time for the Red Cross.

Hobbies during her lifetime have included Scrabble, snooker and ballroom dancing.

Betty's family are from the Mansfield area, and

some of them had travelled to Chilwell to share a birthday tea with Betty at Landermeads.

The Mayor of Broxtowe, Cllr John Longdon, also called to present Betty with a basket of flowers.

A Passion for Life 12th - 21st March 2001

EASTER... the time for bunnies, daffodils and plenty of chocolate! But this Easter, churches in and around Beeston and Bramcote will be getting together to invite the public to explore and discover the story of the first Easter.

Through a series of local events entitled 'A Passion for Life', there will be opportunity to hear the meaning of Easter explained, ask questions – and eat good food!

Journey through the life and teachings of Jesus at the Djanogly Theatre as the words of Mark's Gospel are performed as a one-man show on Good Friday evening; feast on

meat (vegetarian options available) at the Priory Roundabout Toby Carvery and hear an explanation of who Jesus was and whether he's relevant for life today; ask questions and enter the debate at 'God in the Dock' over a curry and a pint at the Vic pub. And for those with children, there's the Pebbles Plus Easter Eggstravaganza for the Under 5s in the Hanley Avenue Scout Hut, and Fish and Ships – an action packed adventure of games, crafts and stories for school children up to Year 6.

All of the churches involved – Aspley Evangelical Church; Beeston Free Church;

Cornerstone Church; Emmanuel Church, Bramcote; St. Mary's Church, Wollaton and Stapleford Baptist Church – are looking forward to welcoming visitors (religious or not) throughout 'A Passion For Life' and hope that everyone who comes will find an open forum for debate, discussion and discovery.

The timetable shown here gives highlights of events run by Emmanuel Church, Bramcote. Full details of all events may be found at www.passionforlifeningham.org

New equipment at Children's Hospital saves life

NOTTINGHAM'S Children's Hospital has benefited from new, state-of-the-art equipment that helped to save the life of a six-month-old baby within hours of being installed.

The £15,000 Ultrasonic Cardiac Output Monitor (USCOM) was donated to the Nottingham University Hospital's Charity by Cllr Barrie Cooper, the former Mayor of Rushcliffe.

Cllr Cooper chose NUH Charity's Children's Hospital fund as his 'Charity of the Year' during his year in office in 2008-09, and raised a total of £15,439.20.

The USCOM, which provides a non-invasive way of measuring the heart function of sick children, was installed in the Paediatric Intensive Care Unit at Queens Medical Centre on January 16, 2010.

One of the first patients to benefit was six-month-old Abbie Sisson, who was rushed to hospital on

January 16 with suspected meningitis.

Abbie, from Nottingham, was diagnosed with meningococcal septicaemia, the blood poisoning version of meningitis, and was given just a four percent chance of survival.

Dr Patrick Davies, Consultant in Paediatrics, treated Abbie and used the newly-installed USCOM to help find the right treatment for her.

He explained: "The USCOM works by measuring the speed, volume and force of blood flow coming out of the heart, which enables us to define how hard the heart is working, and which aspects of its work the heart is struggling with.

"Once we know this, we can give the patient drugs to help the heart support the patient's blood pressure. We have a range of drugs we can use, which all have

different actions. Previously, we had to use guesswork to choose the right drug – now we can be sure of what we use.

"Abbie was probably within minutes of a cardiac arrest when she arrived with us. On admission, her percentage chance of death was calculated at 96 percent. Use of the USCOM machine helped us to define the best treatment for her, and to make sure we had the right dose of the right drug at the right time.

"Abbie responded excellently to treatment and knowledge of exactly what was happening with her heart was an integral part of the treatment. We obviously don't know what would have happened without the machine, but the more we know about these patients, the better."

Abbie made a full recovery and is now back at home with Mum, Charlotte.

A Passion for Life March 2010		→ FRIDAY 12	→ SATURDAY 13	→ SUNDAY 14	→ MONDAY 15
<p>Passion for Life is a series of events happening around Easter 2010, celebrating Life and connecting people with the Christian message of Jesus.</p> 		<p>7:30PM Chocolate Tasting Evening 38 Lilac Grove Beeston NG9 1PA</p>	<p>2:45PM – 5PM Holiday Club Party Beeston Free Church NG9 2FY ▷ For 5-12 year olds</p>	<p>9:30AM & 11:30AM Passion for Life Guest Services 7:00PM "Amazing Love" Singing Event All at Beeston Free Church NG9 2FY</p>	<p>8PM FOR 8:15PM Who was Jesus? Toby Carvery Priory Island NG8 2NR ▷ 2 course carvery meal £6 a head</p>
<p>More details on all these events and others happening across Nottingham can be found at www.passionforlifeningham.org</p>		<p>→ TUESDAY 16 10:15AM FOR 11AM Face to Face Beeston Free Church ▷ For those who are retired 7.30PM Film Night Beeston Free Church NG9 2FY</p>	<p>→ WEDNESDAY 17 7:30PM Where was God in Haiti? Exploring Faith & Tragedy Beeston Free Church NG9 2FY ▷ Will include an opportunity to donate to the Haiti disaster fund via Samaritan's Purse</p>	<p>→ FRIDAY 19 7:30PM Why did Jesus come? Nottingham University Business School NG8 1BB</p>	<p>→ SATURDAY 20 8:30AM – 10AM Men's Breakfast Act like men Village Hotel, Chilwell NG9 6DL ▷ All you can eat English breakfast & free use of leisure facilities - £10 7:30PM – 9:15PM Youth Surge The Real Jesus! Beeston Free Church ▷ For teenagers (12-18)</p>
		<p>→ SUNDAY 21 9:30AM & 11:30AM Passion for Life Guest Services Beeston Free Church NG9 2FY 6PM What does Jesus require? Cornerstone Church NG8 1EA Phillip Jensen, respected Bible teacher from Sydney, Australia, will be our guest speaker at these events.</p>	<p>THURSDAY 18 - NO EVENTS</p>		