

Leisure

Five by Five Competition

WE have a £10 cash prize for the first correct entry drawn to our Five By Five competition. All you need to do is put the missing letters into the grid to make complete words reading across and down.

To be in with a chance of winning the tenner, either cut the completed grid out of the paper, or copy your answer onto the back of a postcard or envelope, add your name and address, and send it to *The Beeston Express*, PO Box 7440, Beeston, Notts, NG9 1ZS to arrive no later than Monday, March 8. The winner of the £10 prize will be the sender of the first correct answer drawn.

Issue 164's £10 cash prize was won by Mrs Jane

Hailwood of Clarence Road, Attenborough, sender of the first correct entry drawn.

	H		P	
R		B		N
	R		P	
A		T		R
	E		S	

Last issue's solution

M	I	L	K	Y
A	R	E	N	A
R	A	V	E	N
S	T	E	A	K
H	E	R	D	S

Church Bulletins

ANOTHER unintended quip from someone let loose with a church typewriter. Our Church Bulletins have been either announced from the pulpit or appeared in a church newsheet.

"Potluck supper Sunday at 5pm. Prayer and medication to follow."



Why do we say that?

'On the fiddle'

MANY of our day-to-day expressions are nautical in origin and date back to the time of Nelson.

The side of a plate was called the 'fiddle'. If a sailor had food on or above this, he was 'on the fiddle' – hence the expression.

Harp Concert in Chilwell

'LAND of the Harp' is the concert linked to St. David's Day that Liath Hollins (lever harp - clarsach) and Kathryn Lewis (pedal harp) will perform at Chilwell Road Methodist Church on March 6 at 7.30pm.

This will include some Welsh pieces along with other classical and traditional harp music.

Tickets are £6 (£5 in advance), student/child £3, and are available from the church office (0115) 943 1164.

Harpist Liath Hollins' lifelong fascination with the harp has blossomed into a successful freelance career. She specialises in traditional music from across the UK, combining harp and voice in beautiful combination.

Kathryn Lewis is from South Wales. Her harp education has been broad and varied: she's studied authentic Irish Baroque with Andrew Lawrence-King, jazz-age gems with the Warldorf-Astoria's resident harpist Ray Pool, traditional Scottish

music with Anne Macdiarmid and Isobel Mieras, and traditional Welsh music with some of Wales' most accomplished musicians.

Kathryn's particular vice is stealing music from other instruments' repertoires and creating a new perspective for them on the harp. Her busy freelance career takes her all over Europe and she has performed as a guest artist with orchestras, as a soloist at festivals and has worked as a consultant with harp-makers in Wales.

General Knowledge Quiz

1. Which Irish ghost supposedly wails outside a house where a death is imminent?
2. Which ancient Greek word translates literally as "I found it"?
3. Who once described foxhunting as "the unspeakable in pursuit of the inedible"?
4. What colour is a giraffe's tongue?
5. How many cubic centimetres are there in a cubic metre?
6. What is the more common name for the scapula?

Answers on page 9

The Ides to play in March

THE Ides, a six-piece rock group based in Beeston, have coasted through to the next stage of the 'Live and Unsigned' competition, with live regional finals due to take place at the Journal Tyne Theatre in Newcastle on Sunday, March 14.

The competition then gears itself towards the final at the Live and Unsigned Festival 2010 at the O2 Arena in London.

The overall winners get the chance to play the O2 Arena, but also receive a recording and management contract with 'Future Music' along with a £30,000 investment to release their first single, and with it, plenty of opportunity to be thrust into the media spotlight.

Bass player John Tunliffe, of Robinet Road, said: "We were so pleased to learn we'd made it to the Regional

Finals. We play a diverse and colourful range of styles although always with an edgy, distinctive musical backbone behind each song, and recently played at the Boogaloo Club in London.

"We are hoping to drum up as much support as possible before the next stage of the competition at the Regional Final on March 14 in Newcastle.

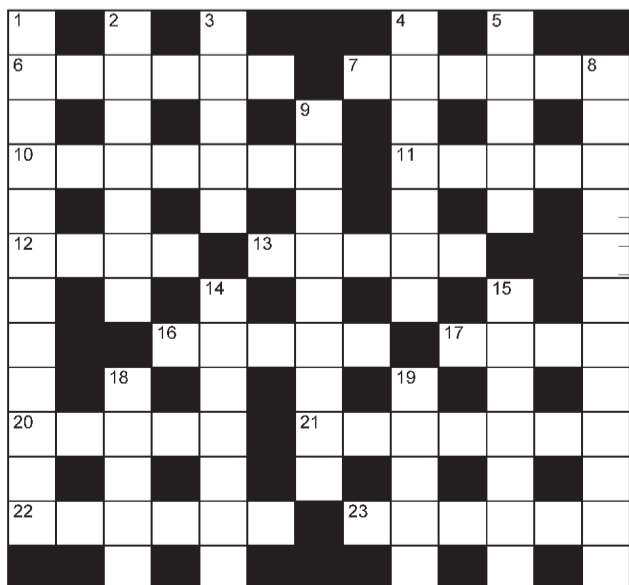
Express Quizword No 148

ACROSS

- 6 At what must one do very well to become a member of Mensa? (1,1,4)
- 7 You might enjoy a *Raphanus sativus* in a salad. What is it? (6)
- 10 Who first suggested that pendulums might be used to regulate clocks? (7)
- 11 What is another name for tendon? (5)
- 12 What is the capital of Peru? (4)
- 13 What fabulous animal is the subject of a quest in a Lewis Carroll nonsense poem? (5)
- 16 From supplying processed cheese to the US Army during World War I, which company became the leading US producer of cheese products? (5)
- 17 Which German composer (Johann Sebastian _____) fathered 20 children? (4)
- 20 What musical note has the time value of two crotchets? (5)
- 21 What might an unemployed actor say he or she is doing? (7)
- 22 Butterflies and moths are known as Lepidoptera because of what on their wings? (6)
- 23 What is a small, close-fitting hat worn on the back of the head? (6)

DOWN

- 1 After Ian Fleming's death, who wrote the first James Bond follow-up, *Colonel Sun*? (8,4)
- 2 Which of Alexander the Great's generals became the first Macedonian king of Egypt? (7)
- 3 What is a sacred song or poem from the Old Testament? (5)
- 4 What name is applied to a distinguished musician? (7)
- 5 Which 1956 film starred James Dean, Elizabeth Taylor and Rock Hudson? (5)
- 8 Who built the massive aircraft nicknamed the "Spruce Goose"? (6,6)
- 9 Who died at Rouen, France, on May 30, 1431? (4,2,3)
- 14 In jazz history, Louis Armstrong is considered by most as the leading player of which musical instrument? (7)
- 15 Who found his literary métier with some verses written for his son Christopher Robin? (1,1,5)
- 18 What colloquialism means "freely available"? (2,3)
- 19 Which English county lies to the north of the Thames estuary? (5)



SOLUTION 147: ACROSS 1 Sad Sack, 4 Screw, 7 Font, 8 Smallpox, 10 Amy Johnson, 12 Sconce, 13 Herald, 15 Cornflakes, 18 Consommé, 19 Guru, 20 Autry, 21 Samoyed. **DOWN** 1 Sofia, 2 Danny Boy, 3 Kimono, 4 Salmonella, 5 Rope, 6 Wexford, 9 Conchology, 11 Jack Ruby, 12 St Lucia, 14 Gnomes, 16 Sound, 17 Inst.

Walk And Talk

THE cold weather of late has certainly made a difference to the amount of people out and about walking, but stalwarts are not going to let anything as insignificant as the odd cold front, grey sky and snow shower put them off. Rarely is it actually unsafe to walk here in Nottingham's lowlands, so wrap up according to the weather and get off out.

The Walk & Talk programme offers different types of walk, so that you can find a walk suitable for you.

Short Walks last between 45 minutes and one hour. They are over good surfaces on a fairly flat route with no stiles, and are suitable for newcomers to physical activity.

Longer Walks last up to 90 minutes and are across a mixture of canal towpaths, lanes, footpaths and public rights of way across fields.

Surfaces may be uneven or muddy in places, there may be slopes and some stiles.

All walks are free and there is no need to book – just turn up. Dress sensibly for the weather and wear suitable footwear. Smoking is not permitted. Dogs are not allowed, with the exception of guide dogs.

Short Walks

Saturday, March 6
Attenborough Nature Reserve
For this short monthly walk at the nature reserve, meet at Attenborough Nature Centre, Barton Lane at 10am.

Colliers Wood/Moorgreen

Route will vary depending on group and weather. Meet at the Horse and Groom (rear car park), Church Road, Moorgreen. Every Monday at 11.10am, (except Bank Holidays). Every Wednesday at 2pm.

Wollaton Park
'Best Foot Forward' walks on Friday and Saturday mornings at Wollaton Park. Call Ali Allen on (0115) 919 4877 for more details.

Longer Walks

Tuesday, March 2
Meet at the Festival Inn, Ilkeston Road, Trowell at 10.30am.

Thursday, March 4, 11
Meet at the Gardeners Inn, Awsworth lane, Cossall at 10.30am.

Saturday, February 27
Guided Walk at Attenborough Nature Reserve
Meet at Barton Lane car park, Attenborough, at 10am for this 3-hour walk organised by Beeston Wildlife Group and led by Bill Wheatley. This 3-hour walk organised by Beeston Wildlife Group and led by Bill Wheatley.

