

Leisure

Five by Five Competition

OUR Five by Five Competition needs you to put the missing letters into the grid to create complete words reading both across and down to win our special Christmas £20 cash prize.

Copy your solution out onto the back of an envelope or a postcard by replicating the grid with your answers inserted and, remembering to add your name and address, send it to *The Beeston Express*, PO Box 7440, Beeston, Notts, NG9 1ZS to arrive no later than Monday, 11 January, 2010.

The winner of the one-off £20 cash prize will be the sender of the first correct answer drawn from the bag.

There were no completely correct solutions to Issue 160's Five by Five puzzle,

so we've added the un-won £10 as a Christmas bonus for Issue 161's Five by Five competition.

Go for it!

	P		R	
L		W		R
	L		V	
V		N		S
	D		E	

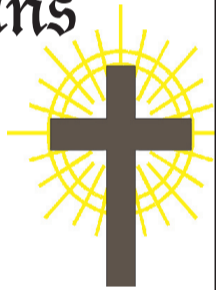
Last issue's solution

S	C	A	N	S
T	O	N	A	L
A	R	O	M	A
F	A	D	E	S
F	L	E	S	H

Church Bulletins

THANK God for church ladies with typewriters. Our Church Bulletins have appeared in church newsletters or been announced during the service.

"Don't let worry kill you off - let the Church help."



Annual Pantomime Babes in the Wood

BABES in the Wood will be the 60th Annual Pantomime to be performed at the Pearson Centre for Young People from Wednesday January 27 to Saturday, January 30, 2010, at the new premises on Nuart Road, Beeston.

The cast comprises of club members from 17th Nottingham Boys' Brigade, 30th Nottingham Girls' Brigade and Friday Night Live. The cast is pleased to welcome many new faces in the chorus line whilst seeing a number of members taking on more senior roles.

The Principal Girl, Maid Marian, is being played by Lucy Morris with Amy Green performing the role of Principal Boy, Robin Hood.

Following her continuing popularity, the Fairy is again being played by Beth Pettipher. Joe Langford steps up to the role of 'Slaughter', one of the baddies.

Sean Kane, producer and director, said: "We are really looking forward to this pantomime, particularly as we have better knowledge of the stage and hall we are using for performing."

"We are hoping that we shall have full houses, particularly as we have such lovely new premises to go with this brand new version." Tickets are available now priced at £4.50 for adults, £3.50 for children and OAP's, £12.00 for family tickets (2 adults and 2 children).

Performances commence at 7.15 pm, the Saturday matinee at 2.30 pm. Tickets can be obtained from The Pearson Centre, 2 Nuart Road, Beeston, by phone on (0115) 925 4112 or by emailing: enquiries@thepearsoncentre.org.uk

The Last Snow Rider

by Ann Coburn

SEASONAL cheer arrives in Beeston with a performance of 'The Last Snow Rider' at Chilwell Road Methodist Church on Saturday, January 9 at 4 pm, as part of the Northumberland Theatre Company's winter tour.

Jack is an ordinary boy who knows nothing about Snow Riders - until one falls from the sky into his garden. Freya is in deep trouble - once there were many of her kind, riding on snow clouds and spreading Winter Magic across the land, but now she is all alone. In the modern world, where snow and ice are in retreat, the magic is failing and Freya is struggling to survive.

If Jack is to rescue the fading Snow Rider, he must travel to the Far North on a quest that will test his courage and wisdom to the limit.

Can he save Freya before her cold, blue heart flickers out altogether?

This modern fairytale about friendship and belief is filled with fun, music, laughter - and a few frosty tears. A roller coaster of adventure that will grip audiences of all ages and remind us of the magic of good story telling.

Tickets are £5 (Group of 10: £4.50 each) and are available from the church office. Tel: (0115) 943 1164.

Why do we say that?

"Swinging the lead"

MANY of our day-to-day expressions are of a nautical origin.

The depth of water under a ship was measured using lead fastened to a calibrated rope, with the lead on the sea floor. If the sailor didn't let the lead down as far as the bottom of the sea, he wasn't doing his job properly - he was 'swinging the lead'.

Christmas General Knowledge Quiz

- When singing the 'Twelve Days of Christmas' in its entirety, how many gifts are given in total?
- The Christmas tree in Trafalgar Square, London, is the annual gift to the UK from which country?
- From the rhyme 'Twas the Night Before Christmas', which reindeer was not pulling Santa's sleigh?
- In which century was St Nicholas first mentioned?
- When is the Feast of Stephen?
- Who are the four ghosts in Charles Dickens' 'A Christmas Carol'?

Answers on page 9

Express Quizword No 144

ACROSS

- What strong European spirit resembles gin? (8)
- What is a flat piece of thin wood in the centre of a chair back? (5)
- What is a broadcast simultaneously on radio and television? (9)
- How many surfaces does a solid cone have? (3)
- Which island off the west coast of Scotland is the site of St Columba's monastery? (4)
- Which French physicist gave his name to a unit of current? (6)
- What was Mark Twain's real name? (6,7)
- What is a small piece of bread or pastry with a savoury topping, usually served with drinks? (6)
- What are young lions? (4)
- Used in combining form, what denotes "new" or "modern"? (3)
- What is the beetle called in a poem in A A Milne's *Now We Are Six*? (9)
- Compo and which other character appeared in TV's *Last of the Summer Wine* from 1973? (5)
- What fruit would you pick from a *Citrus reticulata*? (8)

DOWN

- What Japanese dish consists of small cakes of cold rice with various garnishes? (5)
- What is a word of the same sound as another, but of different meaning? (7)
- What did Woody Guthrie name his son, born in 1947? (4)
- What is an authoritative book containing a list of drugs with directions for use? (13)
- Sir James Galway is famous for playing what? (5)
- Which Missouri city gained international fame with its 1904 World's Fair? (2,5)
- Which annual horse race for three-year-olds is run at Doncaster, England? (2,5)
- What is a large cushion filled with polystyrene beads and used as a seat? (7)
- What is Popeye's favourite vegetable? (7)
- What country is bordered by Colombia and Peru? (7)
- What do we call a group of witches? (5)
- What sea nymph lures sailors onto rocks? (5)
- What unit of measure of a horse's height equals four inches? (4)

1		2		3		4		5		6
							7			
8										
								9		
10					11					
13										14
			15						16	
										17
18										
				20						
21										
					22					

SOLUTION 143: ACROSS 1 Lancelot, 7 Volga, 8 River Kwai, 9 Oui, 10 Duck, 11 X-rated, 13 Tifler, 14 Archie, 17 Poison, 18 Amah, 20 Duo, 22 Labyrinth, 23 Nitre, 24 Corundum. **DOWN** 1 Lurid, 2 Navy cut, 3 Ecu, 4 Onward, 5 Flood, 6 Calibre, 7 Victory, 12 Seville, 13 Trident, 15 Hominid, 16 Boo-boo, 17 Points, 19 Ho-hum, 21 Frau.

Walk And Talk

WINTER is most definitely here now, and some leaden skies have been seen, as well as the first flurries of snow. The good news is that it will soon be the shortest day (December 21) and then we can start looking forward to spring once again.

In the meantime, the Walk and Talk programmes offers an opportunity to get out and shake away the winter doldrums. There's something for everyone.

Short Walks last between 45 minutes and one hour. They are over good surfaces on a fairly flat route with no stiles, and are suitable for newcomers to physical activity.

Longer Walks last up to 90 minutes and are across a mixture of canal towpaths,

lanes, footpaths and public rights of way across fields. Surfaces may be uneven or muddy in places, there may be slopes and some stiles.

All walks are free and there is no need to book - just turn up. Dress sensibly for the weather and wear suitable footwear. Smoking is not permitted. Dogs are not allowed, with the exception of guide dogs.

Short Walks

Attenborough Nature Reserve Saturday, January 2, 2010
Meet at the Nature Centre, Barton Lane at 10am for this short monthly walk.

For more details, call the Nature Centre on (0115) 972 1777.

Colliers Wood/ Moorgreen

Meet at the Horse & Groom (rear car park) Church Road, Moorgreen. Mondays at 11.10am (except Bank Holidays), Wednesdays at 2pm (except December 23 and 30).

Wollaton Park

'Best Foot Forward' walks on Friday and Sunday mornings at Wollaton Park. Call Ali Allen on (0115) 919 4877 for more details.

Longer Walks

Tuesday, January 5
Nottingham Tennis Centre, University Boulevard at 10.30am (no stiles).

Thursday, January 7, 14

Meet at Durban House, Mansfield Road, Eastwood at 10.30am.

