

# Express Leisure

40<sup>th</sup> ANNIVERSARY PRODUCTION

Beeston Players present

## Separate Tables

14 – 17 May 2008

Round Hill School, Foster Avenue, Beeston

FOR the significant occasion of their fortieth anniversary production, Beeston Players have chosen 'Separate Tables' by Terence Rattigan.

A romantic drama, 'Separate Tables' is actually two one-act plays set in the same bed-and-board hotel some 18 months apart.

In 'Play Number One', disgraced Labour politician and barfly John Malcolm is conducting a low key affair with the landlady of the hotel whilst living on his meagre earnings as a political writer. The arrival of his glamorous ex-wife, apparently by chance, will change everything.

In 'Play Number Two', the gallant Major Pollock appears unaccountably keen to obtain all available copies of the 'West Hampshire Weekly News'. Is the Old Soldier not all he seems? When the truth finally emerges, everyone will face a choice on what they believe in.

Tickets: Adults £5 (concessions £4) on the door or online at: [www.beestonplayers.org.uk](http://www.beestonplayers.org.uk)

## Volunteer Centre Broxtowe

### Volunteer Opportunity of the Week

#### Do you want to work with young people?

IF so, we can offer some new and exciting opportunities to work in schools with the Red Cross and be part of the schools' Speaker Network which delivers humanitarian messages in schools.

You will need to:

- be outgoing and enjoy working with young people
- be able to volunteer for four hours a month during term time
- want to make a difference

Appropriate free training to enable you to fulfill this role will be provided in:

- The Red Cross movement and its principles
- humanitarian events and issues
- how humanitarian education links into citizenship education
- presentation skills
- facilitation skills

If you would like to find out more about this – or other voluntary opportunities – please phone Pauline Lumley, Volunteer Coordinator, on (0115) 917 8080.

#### Have you ever thought of becoming a Trustee?

WITH just a few hours to spare in the evening once a month, you could make a real difference to Volunteer Centre Broxtowe by becoming a Trustee.

Trustees are the volunteers who make sure that we remain true to our aims and vision, and that we comply with the necessary rules and legal obligations for registered charities.

Due to the expansion of our geographical area, we would particularly like to recruit Trustees from Stapleford and areas in the north of the borough. People from these areas are not represented on our board yet.

We are looking for people who have some experience in the voluntary sector.

If you would like to find out more about the role of a Trustee, please contact our manager, Linda Button, who will be pleased to give you more information or answer any questions you may have. Linda can be contacted on tel: (0115) 917 8080 or emailed at [linda@beestonvolunteercentre.org.uk](mailto:linda@beestonvolunteercentre.org.uk)

## Walk And Talk



THE increasingly popular 'Walks After Work' resumes summer season and, as the Spring and Summer Walk programme gets under way, walk organisers are planning more local support training sessions. They would like to hear from anyone interested in volunteering to assist as a walk leader. To find out more, contact Liz Pierce on 0115 875 2098.

The Walk & Talk programme offers different types of walk, so that you can find one suitable for you.

The *short walks* are easy and suitable for newcomers to physical activity, lasting between 45 minutes and one hour. They are across good surfaces and flattish routes with no stiles.

The *longer walks* last up to 90 minutes, along a mixture of canal towpaths, lanes, footpaths and public rights of way across fields. Surfaces may be uneven or muddy and there may be slopes and some stiles.

All walks are free and there is no need to book – just turn up. Dress sensibly and wear suitable footwear. Smoking is not permitted, and dogs are not permitted, with the exception of guide dogs.

### Walks After Work

Take place on Tuesday evenings at 5.15pm. The walks last about 90 minutes, a 'perfect wind-down after a busy day'. No stiles.

**April 29** Meet at the bandstand in Beeston Square at 5.15pm

### Short Walks

**Colliers Wood/Moorgreen** Meet at The Horse and Groom (rear car park), Church Road, Moorgreen. Mondays at 11.10am (except Bank Holidays), Wednesdays at 2pm

**Wollaton Park** Meet at 10am at Wollaton Park, 1<sup>st</sup> car park, Wollaton Road entrance. Call Christine Adams on 0115 942 0323 for more details.

**South Broxtowe** A 'short walk for health' on regular Friday mornings is new for 2008 in the south Broxtowe area. Call Antonia Bridges for more details: 0115 917 3711.

### Longer Walks

**New for 2008** New longer walks on a Thursday morning but with flatter routes and few or no stiles. Call Brian on 01773 780 390 for more details.

### Saturday, May 3 - Attenborough Nature Centre

Meet at the Nature Centre at 10am. No stiles, and the opportunity to leave the walk after 45 minutes.

**Thursday, May 1 - Bluebell Walk** Meet at the Royal Oak, Main Road, Watnall at 10.30am

**Tuesday, May 6** Meet at Bardills Garden Centre, A52 By-Pass, Stapleford at 10am

**Thursday, May 8** Meet at the Royal Oak, Main Road, Watnall at 10.30am

## General Knowledge Quiz

1. What name is given to a young turkey?
2. What is a side of unsliced bacon known as?
3. In which Gilbert and Sullivan operetta does the character 'Pooh Bah' appear?
4. Which planet is fourth from the sun?
5. What was the name of the Hunchback of Notre Dame?
6. Which Italian semi-soft cheese has blue veins running through it?

Answers on page 7

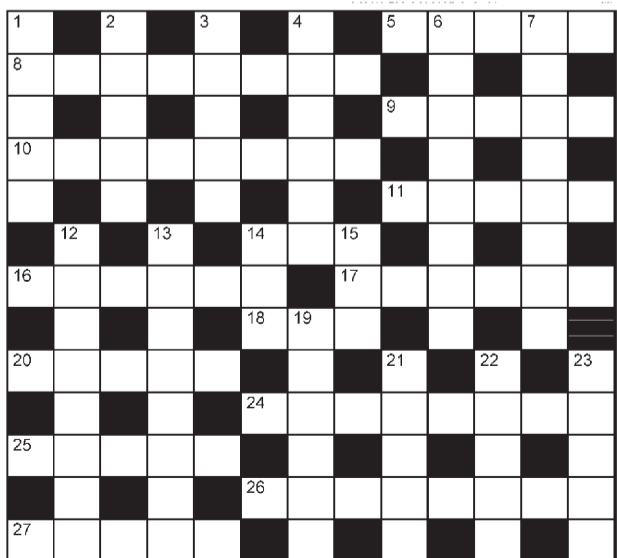
## Express Quizword No 110

### ACROSS No. 110

- 5/8/9 Which 1935 song by Pattie and Mildred Hill is the world's most frequently sung song in English? (5,8,2,3)
- 10 What type of anaesthetic is sometimes used in childbirth to produce a loss of sensation below the waist? (8)
- 11 What is the feminine form of "beau"? (5)
- 14 A section of a journey (3)
- 16 Which Lady is said to have ridden naked through Coventry in the 11<sup>th</sup> century? (6)
- 17 Which Native American people of the Great Lakes region are also known as Chippewa? (6)
- 18 What is the vibrating ball in a referee's whistle called? (3)
- 20 Which country did New Zealand's All Blacks defeat 145-17 in the 1995 Rugby World Cup? (5)
- 24 On which US river is the Hoover Dam? (8)
- 25 What is a communication sent via computers? (5)
- 26 What wine bottle holds the equivalent of four normal bottles? (8)
- 27 In which month was Julius Caesar killed? (5)

### DOWN

- 1 Who wrote the play *Hedda Gabler*? (5)
- 2 What was a member of a pre-Christian order of priests in Gaul, Britain and Ireland? (5)
- 3 From Arabic folklore, what evil demon eats stolen corpses and children? (5)
- 4 What Japanese system of combat means "empty hand"? (6)
- 6 What is the medical name for baldness? (8)
- 7 What system of assistance to the needy in Britain was in force from 1597 to 1947? (4,4)
- 12 What is the medical name for blood poisoning? (8)
- 13 What is ascorbic acid also known as? (7,1)
- 14 What is one circuit of a race track? (3)
- 15 Panaji is the capital of which state of western India? (3)
- 19 What French-made guided missile is used in sea warfare? (6)
- 21 What hot drink is high in protein, carbohydrate and fat? (5)
- 22 What are folded or rolled filled tortillas? (5)
- 23 "Thomas Atkins" on specimen forms led to which generic name for a private in the British Army? (5)



**SOLUTION 109: ACROSS** 1 Arsonist, 7 Daisy, 8 Brigadier, 9 TWA, 10 Rome, 11 Medusa, 13 Ho Chi Minh City, 15 Purple, 16 Mess, 18 Bar, 20 Magnesium, 21 Genoa, 22 Insomnia. **DOWN** 1 Amber, 2 Seismic, 3 Noah, 4 Spike Milligan, 5 Pinta, 6 Dynasty, 7 Draught, 12 Diorama, 13 Humbugs, 14 Iberian, 15 Prune, 17 Simca, 19 Reno.

## Odd One Out Competition

TO win the £10 cash prize this time, we want to know which of the following four words is the odd one out: flourish, blossom, bud, bloom.

Send your answers to *The Beeston Express* PO Box 7440, Beeston, Notts, NG9 1ZS to arrive no later than Monday, April 28. The winner will be the sender of the first correct answer drawn.

The answer to Issue 124's 'Odd One Out' competition was *gregarious* – the other words given (*reserved*, *reticent* and *diffident* all refer to lacking in self-confidence. Someone described as 'gregarious' is outgoing and friendly.

The first correct entry drawn was sent in by J L Payne of Meadow Road, Beeston Rylands, who wins the £10 cash prize.

## The Friends of University Park with the National Gardens Scheme

present

### Spring Flowers

University Park, Nottingham  
Sunday, May 4  
2pm – 5pm

in the Millennium Garden,  
Walled Garden, Jekyll Garden  
and across the park

Refreshments and plant sales

Admission: £2.50 charity charge

